



‘The Farmer & The Foodie’ returns for Season 6, visits FoodChain in Lexington

FOR RELEASE: March 19, 2026

An all-new season of *The Farmer & The Foodie* kicks off March 21 with more farm-to-table adventures. Hosts Maggie Keith and Lindsey McClave visit FoodChain in Lexington to learn about its work in aquaponics, food literacy and education. A nonprofit focused on connecting the community to locally sourced, fresh food, FoodChain teaches its neighbors how to have a more sustainable food system. The hosts serve free meals to the community from FoodChain’s commercial kitchen and then return home to stuff and roast a tilapia, putting their spin on the classic fish and chips. A 2026 KET production.

The Farmer & The Foodie

KET Saturday, March 21 • 3:30/2:30 pm

Stream on-demand at [KET.org](https://ket.org) and the PBS app

Find all the recipes from *The Farmer & The Foodie* at [KET.org/Farmer&Foodie](https://ket.org/Farmer&Foodie).

The Farmer & The Foodie is funded in part by the KET Endowment for Kentucky Productions. The program is produced by Brandon Turner.

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