



‘Kentucky Health’ Talks Sports Medicine: Injury Prevention, Supplements and Specialization

FOR RELEASE: November 20, 2025

Nick Heebner, Ph.D., ATC, talks about fitness and injury prevention. A 2025 KET production.

Kentucky Health

KET Sunday, Sunday, November 23 • 1:30/12:30 pm

KET2 Monday, November 24 • 2/1 pm

Watch on-demand at [KET.org](https://ket.org) and the PBS App

Kentucky Health is a KET production, hosted by retired Louisville surgeon Dr. Wayne Tuckson and produced by Christie Dutton.

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