



‘Kentucky Health’ explores Alpha-gal Syndrome

FOR RELEASE: March 12, 2025

What in the world is Alpha-gal Syndrome and why does it leave patients unable to eat meat?

On a new episode of *Kentucky Health*, Wayne Tuckson, MD, talks with Mateo Bernal, OMD/DOM, LAc, and Martin Huecker, MD, about the food allergy. A 2025 KET production.

Kentucky Health

KET Sunday, March 16 • 1:30/12:30 pm

KET2 Monday, March 17 • 2/1 pm

Watch on-demand at [KET.org](https://ket.org) and the PBS App

Kentucky Health is a KET production, hosted by retired Louisville surgeon Dr. Wayne Tuckson and produced by Christie Dutton.

KET is Kentucky’s largest classroom, where learning comes to life for more than two million people each week via television, online and mobile. Learn more about Kentucky’s preeminent public media organization at [KET.org](https://ket.org), on X [@KET](https://twitter.com/KET) and at facebook.com/KET.

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