



‘The Farmer & The Foodie’ visits Western Kentucky to experience mutton and make Burgoo

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On this episode of *The Farmer & The Foodie*, Maggie and Lindsey travel to Western Kentucky to experience the unique tradition of mutton with two generational establishments: Palmer Farms in Benton, which processes fresh mutton for the region; and Old Hickory BBQ in Owensboro, which gives the hosts their first taste of mutton. In the kitchen, they whip up their spin on the Kentucky staple, Burgoo.

The Farmer & The Foodie

KET Saturday, Jan. 18 • 3:30/2:30 pm

Stream on-demand at [KET.org](https://ket.org) and the PBS app

Find all the recipes from *The Farmer & The Foodie* at [KET.org/Farmer&Foodie](https://ket.org/Farmer&Foodie).

The Farmer & The Foodie is funded in part by the KET Endowment for Kentucky Productions. The program is produced by Jared Hamm and Brandon Turner.

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