



‘Kentucky Health’ discusses how our intestinal bacteria plays a role in our larger health

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We are what we eat, and our health is dependent on the variety of intestinal bacteria with whom we share our meals.

On this episode of *Kentucky Health*, Dr. Wayne Tuckson talks with Dr. Sara Police with UK College of Medicine about intestinal microbiomes and the role they play in our well-being.

Kentucky Health

KET Sunday, Jan. 5 • 1:30/12:30 pm

KET2 Monday, Jan. 6 • 2/1 pm

Watch on-demand at [KET.org](https://ket.org) and the PBS app

Kentucky Health is a KET production, hosted by retired Louisville surgeon Dr. Wayne Tuckson and produced by Christie Dutton.

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