



‘The Farmer & The Foodie’ search for mushrooms with Whitney Johnson, The Appalachian Forager

FOR RELEASE: Jan. 13, 2024

On the next episode of *The Farmer & The Foodie*, Maggie Keith and Lindsey McClave search for wild mushrooms with Whitney Johnson, known as The Appalachian Forager, who’s built a large social media following bringing viewers along on her mushroom hunts. They also visit the Mushroom Cultivation Lab at Ashbourne Farms in LaGrange.

Recipes on this episode include:

- Duxelle Toast with Whipped Ricotta
- Mushroom Soup with Spring Garnish
- Mushroom Tea

The Farmer & The Foodie

KET Saturday, Jan. 13 • 3:30/2:30 pm

Stream at [KET.org](https://ket.org) and the PBS app

The Farmer & The Foodie is a KET series that follows hosts Maggie Keith (the farmer) and Lindsey McClave (the foodie) as they explore Kentucky learning about the ingredients that they use to create delicious new recipes every week.

Each episode takes viewers behind-the-scenes with local farmers and food producers to see first-hand how the food is made, and then Maggie and Lindsey take what they’ve learned into the kitchen to create a delicious dish.

Recipes from all the episodes on *The Farmer & The Foodie* are available for download at [KET.org/Farmer&Foodie](https://ket.org/Farmer&Foodie).

The Farmer & The Foodie is funded in part by the KET Endowment for Kentucky Productions. The program is produced by Jared Hamm and Brandon Turner.



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