



## **‘Kentucky Life’ explores equine therapy, Kentucky’s gift economy, an abandoned limestone mine in the Red River Gorge, and the work of chainsaw artist Abby Peterson**

**FOR RELEASE: Oct. 28, 2023**

On this episode of *Kentucky Life*, host Chip Polston learns about two organizations that use horses as a means of providing mental and physical therapy for clients; examines the “gift economy” such as Little Free Libraries and other networks whereby people donate goods and services without the expectation of receiving anything in return; explores an abandoned limestone mine by kayak in the Red River Gorge; and visits with Abby Peterson, a world champion chainsaw artist.

### **Kentucky Life**

**KET Saturday, Oct. 28 • 8/7 pm**

**KET2 Wednesday, Nov. 1 • 2:30/1:30 pm**

Watch on-demand at [KET.org](https://ket.org) and on the PBS app

*Kentucky Life* is a KET production, produced by Casey Harris. View more *Kentucky Life* episodes online, as well as those from KET’s archives, at [KET.org/KentuckyLife](https://ket.org/KentuckyLife).

KET is Kentucky’s largest classroom, where learning comes to life for more than two million people each week via television, online and mobile. Learn more about Kentucky’s preeminent public media organization at [KET.org](https://ket.org), on Twitter [@KET](https://twitter.com/KET) and at [facebook.com/KET](https://facebook.com/KET).

**###**

### **CONTACT:**

Elizabeth Greenfield  
Director, Marketing and Communications  
(859) 258-7749 | [egreenfield@ket.org](mailto:egreenfield@ket.org)

