



‘Kentucky Health’ discusses the groceries we buy and the consequences of those purchases

FOR RELEASE: March 20, 2023

When you buy groceries, are you deciding what you buy or has that decision been made for you? On the next *Kentucky Health*, Dr. Wayne Tuckson talks with Dr. Heather Norman-Burgdolf, an extension specialist, about factors that impact what we buy and the consequences of those purchases.

Kentucky Health

KET Sunday, March 26 • 12:30pm/11:30 am

KET2 Monday, March 27 • 2/1 pm

Watch on-demand at KET.org and on the PBS app

Kentucky Health is a KET production, produced by Shelby McCuddy.

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