



‘The Farmer & The Foodie’ learn about heirloom seeds from Jackson County farmer

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On the next episode of *The Farmer & The Foodie*, Maggie and Lindsey learn about heirloom seeds from a farmer in Jackson County who shares her family’s preservation methods that have been passed down from generation to generation. Maggie and Lindsey then cook a meal using recipes passed down from each of their families, including soup beans, chuck roast and parsnips.

The Farmer & The Foodie

KET Saturday, Feb. 11 • 3:30/2:30 pm

Watch on-demand at [KET.org](https://ket.org) and on the PBS Video app

All the recipes featured on *The Farmer & The Foodie* are available for downloading at [KET.org/Farmer&Foodie](https://ket.org/Farmer&Foodie).

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