



‘The Farmer & The Foodie’ visits Slak Market Farm in Lexington to make cheese with Middle Eastern roots

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The Farmer & The Foodie, the KET cooking program in which hosts Maggie Keith and Lindsey McClave visit with Kentucky farmers to learn how their food is grown, returns this month with new episodes that savor the holiday season with an assortment of new recipes.

In the first episode of the new season, Maggie and Lindsey visit the Slak Market Farm in Lexington to learn about the benefits of raw milk and help make labneh, a cheese with Middle Eastern roots. Inspired by their visit, Lindsey and Maggie make a blueberry cheesecake and a cheese board with labneh at its center.

The Farmer & The Foodie

KET Saturday, Jan. 7 • 3:30/2:30 pm

Stream at [KET.org](https://ket.org) and the PBS Video app

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