PRESS RELEASE

‘Kentucky Life’ spotlights some of the Commonwealth’s signature food dishes

FOR RELEASE: Jan. 13, 2021

The next episode of KET’s ***Kentucky Life*** could get your stomach growling as it features stories about some of the Commonwealth’s signature foods! The episode airs Saturday, Jan. 23, at 8/7 pm and Sunday, Jan. 24, at 4/3 pm on KET, and Monday, Jan. 25, at 7/6 pm on KET2.

First, *Kentucky Life* travels to Owensboro for the International Bar B Que Festival, which still features what was once a mainstay of American households: mutton. The dish, common in the 19th and early 20th centuries, has since disappeared from dining room tables, except in Daviess County, where it’s still a welcome dish at many functions.

Then, *Kentucky Life* is off to Louisville, where food trucks have exploded in popularity in recent years, offering city residents their pick of ethnic cuisines, bakery treats or all-American comfort food favorites.

Finally, *Kentucky Life* takes a closer look at the Commonwealth’s signature dish: the Hot Brown, which is quickly approaching its 100th anniversary, slated for 2023. And come check out the Louisville hotel, where the famous dish got its start.

Kentucky Life is a KET production, produced by Chelsea Gorham.

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