



PRESS
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***Kentucky Health* discusses ways of preventing and managing diabetes**

FOR RELEASE: Dec. 14, 2020

Dr. Wayne Tuckson talks with Connie White, MD, the deputy commissioner for clinical affairs at the Kentucky Department for Public Health, about the continuing rise of type 2 diabetes in Kentucky. They also discuss the role of diet and exercise in the prevention and management of diabetes and also how diabetes can be a risk factor for potential COVID-19 complications.

Kentucky Health: Reducing the Burden of Diabetes in Kentucky airs Sunday, Dec. 20, at 12:30 pm/11:30 am on KET.

Kentucky Health is a weekly KET program that seeks to improve the people's health through education and increased awareness. *Kentucky Health* is hosted by Dr. Wayne Tuckson, a colorectal surgeon in Louisville, and produced by Laura Krueger.

KET is Kentucky's largest classroom, where learning comes to life for more than one million people each week via television, online and mobile. Learn more about Kentucky's preeminent public media organization at KET.org, on Twitter [@KET](https://twitter.com/KET) and at facebook.com/KET.

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