



PRESS
RELEASE

***Kentucky Health* discusses maintaining a healthy immune system in flu season**

FOR RELEASE: Oct. 13, 2020

Dr. Wayne Tuckson talks about maintaining a healthy immune system with his guest, Sara Police, Ph.D., an Assistant Professor in the UK College of Medicine Department of Pharmacology and Nutritional Sciences. In the face of COVID-19 and flu season, they talk about how select vitamins and minerals can help prevent infection and reduce complications for those who do get sick.

Kentucky Health: Strengthening the Immune System Through Diet airs Sunday, Oct. 18 at 12:30 pm/11:30 am on KET.

Kentucky Health is a weekly KET program that seeks to improve the people's health through education and increased awareness. Kentucky Health is hosted by Dr. Wayne Tuckson, a colorectal surgeon in Louisville, and produced by Laura Krueger.

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